# OCTOBER 2025 9-12 Lunch Menu

Subject to Change: The Interactive Menu Linqconnect.com Provides Real Time Updates

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	1 Chicken Tenders w/BBQ Sauce Dinner Roll Baked Wedges Fresh Cauliflower w/ranch Pineapple Tidbits	2 Mexican Pizza w/Beef Taco Meat, Refried Beans and Cheese Spanish Rice Sliced Zucchini w/Ranch Diced Peaches	3 Homestyle Lasagna w/ Beef Meat Sauce WG Garlic Bread Tossed Salad w/dressing Steamed Peas Fresh Apple
6 Orange Chicken Brown Rice Fortune Cookies Steamed Edamame Baby Carrots w/ranch Pineapple Tidbits	7 Homestyle Meatloaf Dinner Roll Mashed Potatoes Fresh Broccoli w/ranch Fresh Apple	8 Homestyle Quesadilla w/Salsa Spanish Rice Roasted Corn and Peppers Grape Tomatoes Fresh Orange	9 Cheeseburger on bun w/lettuce, pickle, ketchup, mustard Waffle Fries Variety Fresh Vegetables Applesauce	NO SCHOOL
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
20 Variety Pizza Popeye Salad w/dressing Steamed Corn Fruit Cocktail	21 Walking Tacos w/salsa beef taco meat, cheese sauce, sour cream Steamed Carrots Sliced Cucumbers w/ranch Fresh Apple	Dinner Roll  Mashed Potatoes  Green Beans  Sliced Peaches	23 Chicken Drumstick Brown Rice Sliced Bread Steamed Edamame Fresh Cauliflower w/ranch Fresh Orange	Bosco Sticks Tomato Soup Baked Tater Tots Fresh Broccoli w/ranch Pineapple Tidbits
27 Beef Hot Dog on Bun Mustard, Ketchup, Relish Vegetarian BBQ Baked Beans Baby Carrots w /ranch Fresh Orange	28 Homestyle Sloppy Joe on Bun Tossed Salad w/dressing Corn on the Cob Sliced Pears	Chicken and Waffles w/BBQ Sauce, Syrup Steamed Carrots Cole Slaw Fruit Cocktail	Turkey and Cheese Hoagie w/ Lettuce, Tomato, Mustard, and Mayo Baked Chips Baby Carrots w/Ranch Corn on the Cob Fresh Apple Cookie	NO SCHOOL

Final 9.30.25

# News

## **NATIONAL SCHOOL LUNCH WEEK** October 6th-9th

### 2nd Meal Options

Spicy Chicken Sandwich **Loaded Nachos** Hot Dog Bar Gyros

**Chicken Tenders** 

### **Vegetarian Options:**

Mixed Lettuce Salad Sunflower Jelly Sandwich Cheese Filled Bosco Stick Popeye Salad w/Cheese Stick

Grilled Cheese Sandwich

# Served Daily:

Cold 1% White Milk Cold Skim White Milk Cold 1% Chocolate Milk Cold 1% Strawberry Milk

### 100% Juice Served Daily

Mon-Very Berry juice Tues-Strawberry Kiwi Juice Wed-Fruit Punch Juice Thur-Apple Juice Fri-Orange Juice